

NATIONAL LOYALTY DAY

On May 1st, National Loyalty Day recognizes American freedom and is set aside for the reaffirmation of loyalty to the United States and the recognition of the heritage of American freedom.

Every U.S. President since 1955 has set the day for May 1st. Whether they call for Americans to raise the flags, pray, or reflect on their heritage, each of them recognizes an inherent need for the country to be united in our basic ideals. Their messages speak of loyalty and freedom in equal measure, especially those who serve in the military. And while the messages may stray some in agreement on other topics, the central messages remain the same.

NATIONAL LOYALTY DAY HISTORY

First observed in 1921 as Americanization Day, the holiday counterbalanced the Communist celebration of Labor Day on May Day. On July 18, 1958, U.S. Congress (Public Law 85-529) made the day an official holiday. President Dwight D. Eisenhower proclaimed May 1, 1959, the first official observance of Loyalty Day. Each year since its inception as a legal holiday in 1958,







DONALD B. SMITH GOVERNMENT CAMPUS
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CARMEL NY 10512
MONDAY—FRIDAY 9-5
CALL FOR APPOINTMENT
845-808-1620
TUESDAY EVENINGS 5-8PM

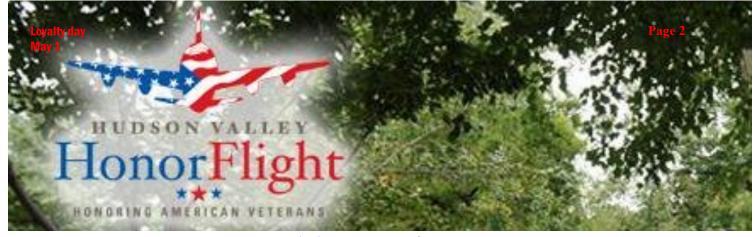
KARL ROHDE, DIRECTOR
ART HANLEY, DEPUTY DIRECTOR

Since 1988 on the Sunday closest to May 1 (unless May 1 Was a Sunday) I have been at Putnam County Veterans Memorial Park for a Loyalty Day event sponsored by the Putnam County Council Veterans of Foreign Wars. It was almost a right of spring. Picnic, some speeches, games for the kids and just plain fun. We were expressing our pride in America. The people gathered were mostly Veterans and family members. There were others that attended. Sadly the NYS VFW disbanded county VFW's statewide. What is the point of the tale of woe? We have no group or groups to run Loyalty Day. There is now a void left by the demise of the Putnam County Council VFW. There is no organization to run Loyalty Day.

Please let's not see our great American Bald Eagle looking down at diminishing opportunities to celebrate this great nation! So we are looking for a group or organization that wants to help keep Loyalty Day alive in Putnam County. Contact this office if interested!! Thanks!

Karl





Diary of a Horse skeptic

Dear Diary,

WOW! WOW! So excited Diary! I have been selected to go on Honor Flight. Yes that is right this May I will be on Honor Flight to Washington DC. Can you believe it???? It is like Christmas-my birthday-the Fourth of July all wrapped up in one day. Its like going to a presentation of the Nutcracker and being allow to sleep through the entire thing! WOW!WOW!

Diary do you get that I am excited? Will have to get up at zero dark thirty to get to the Westchester Airport. They will have a send off ceremony for us prior to boarding the plane.

There will be busses waiting for us when we get to DC. We tour the three major monuments-WW II, Korea and Vietnam. Then a group picture in front to the Lincoln Memorial. Back on the busses to Arlington Cemetery where we will be able to watch the changing of the guard-then a tour of Arlington. At the end of that we are taken to a near by hotel for a dinner and the back to Westchester Airport. Long day but exciting!

We also have a meet and greet with all the Veterans going on this Honor Flight along with the escorts. Yes Diary each Veteran has an escort called a guardian. Wy guardian will be my friend Megan Castellano. So cool! Another friend Steve Seid will also be on the flight. His two son's will be with him one as his guardian and the other will be the guardian another Veteran. Another great day leading up to

the Honor Flight! We get to meet and greet the Veterans and the Guardians and the Staff of Honor Flight.

So Diary at each step along the way to this amazing adventure I will tell you all about it.



Karl

PS I still wish you horses!









JOIN G-CONNECT

Guardian Connect (G-Connect) provides experiences, resources, and peer support — by guardians, for guardians.

It costs nothing to join & participate, and we would love to have you as part of the Guardian Revival family.



SIGN UP NOW





Guardian Revival is a New York State 501(c)(3) not-for-profit organization chartered to revive and preserve the mental health and wellbeing of veterans and first responders - our guardians - at no cost to them.

guardianrevival.org

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G-CONNECT CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
April 2023					1	2
3 likest Meditation	4	5	6	7 (1) Veterans	8	9
10 First Responders	11	12	13	14 (B) Veterans	15	Outdoor Adventure 101
17	18 Writing	19	20	21	22 Forth Day	23
(i) First Responders	Workshop	Deep Nutrition for Everyday Performance		(f) Veterans	Bearth Day Hike & Picnic	
24	Women Guardians	26	27	28 (1) Veterans	29	30

G-CONNECT EXPERIENCES

Opportunities for recreation, learning, discussion, and connection.

IREST MEDITATION

Mon 4/3 via Zoom

OUTDOOR ADVENTURES 101

Sun 4/16 via Zoom Sat 4/22 in Cold Spring

WRITING WORKSHOP

Tue 4/18 via Zoom & in-person @ Mahopac Library All month, online

DEEP NUTRITION FOR **EVERYDAY PERFORMANCE**

Wed 4/19 via Zoom

EARTH DAY HIKE & PICNIC

APRIL STEP CHALLENGE

G-CONNECT GATHERINGS

Peer support - by guardians, for guardians, with guardians.

VETERANS (VET2VET) Fridays via Zoom

FIRST RESPONDERS (FIRST LINE)

Mon 4/10 via Zoom Mon 4/17 @ Carmel

WOMEN GUARDIANS Tue 4/25 via Zoom



RSVP

https://qrco.de/bdh0ez







Powerful Program for Veterans

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A program that uses horses and highly trained facilitators, deals with social-emotional growth and trauma in people of all ages and circumstances. Through the restorative powers of the horse, clients are able to discover their own strength and healing through the experiential learning this program has to offer.

"I came away realizing that there still are pleasures in life, that we can make time to enjoy things that seem to have gotten lost in the shuffle of daily survival."

Thursdays this Summer, 10am - 2pm

6/22 ~ 6/29~ 7/6 ~7/13~ 7/20

No cost to participants

Hosted at our beautiful Pegasus Farm therapeutic riding center (address below). Transportation is available if needed. Bring a bagged lunch and water bottle.

Interested in more information? Contact us: Syreeta Jones info@pegasustr.org 845-669-8235 x 101



