## Diary of a Horse skeptic

Dear Diary, OK let's cut to the chase. Everyone lists marriage or the birth of a child as the most important day in their lives. Horse hockey! Returning from a Veteran's convention in Indiana headed to Buffalo we stopped at a Krispy Crème in Eire Pennsylvania. As I walked through the door this massive machine was churning out glazed donuts. I was handed a donut ...free...a free glazed donut I thought perhaps we had died in a car crash and I was in heaven. Free glazed donuts. That event has been displaced dear Diary by my trip on Honor Flight on May 20, 2023. OUTSTANDING!!! The day started at 445 AM. Yes Diary 445AM. I saw my

ride pull up in front of my house.

As I walked to the car I noticed

a Putnam County Sheriff's car

also in front of my house. What

had happened? What went wrong? My guardian, Megan Castellano, was not in her car I glanced over and saw her by the patrol car. She turned and walked toward me with a big smile on her face. I looked back and my wife was smiling and crying. It seems that my daughter Dori had arranged a Sheriff's escort for us to the Elmsford ShopRite, the staging area, where we were to board a bus to the Westchester airport Million Air Terminal.

We were greeted at each departure point and each arrival point like we were rock stars! We toured the WW 2 Monument, Korean War Monument and the Vietnam War Monument. As Megan and I started down the path to the Vietnam Wall a little boy about 5 Or 6 walked up to me a welcomed me home. We both suffered from what is known as "Honor Flight Allergies" or "HFA". A mysterious malady that both Megan and I experienced that malady with many times that day. The final stop in DC was to witness the changing of the guard at the Tomb of the Unknown Soldier.

A whirlwind tour to be sure.

On the flight home there was mail call. Our names were yelled out and we were given a big white envelope stuffed with letters. The first few were from kids from an elementary school. Then came a series of letters from friends and family that caused another bout of "HFA"

We landed at Westchester airport and walked through to lobby of terminal to a hail of cheers. Shouts of Welcome home ricocheted off the falls. Friends and family and strangers. Diary I felt like I was welcomed home for the first time. Since I returned from Vietnam in 1970. When I told this to Wegan on the bus ride to her car in Elmsford "HFA" impacted her again. Yes all the Vietnam Veterans on the flight received their first welcome home.

As always I wish you horses! Karl

(Diary there were so many great photos that I put extra on another page)







## Diary of a Horse skeptic















## SOLDIERS, SAILORS AND AIRMEN OF THE ALLIED EX-PEDITIONARY FORCE!

You are about to embark upon the Great Crusade, toward which we have striven these many months. The eyes of the world are upon you. The hopes and prayers of liberty loving people everywhere march with you. In company with our brave Allies and brothers-in arms on other Fronts, you will bring about the destruction of the German war machine, the elimination of Nazi tyranny over the oppressed peoples of Europe, and security for ourselves in a free world.

But this is the year 1944! Much has happened since the Nazi triumphs of 1940-41. The United States have inflicted upon the Germans great defeats, in open battle, man-to-man. Our air offensive has seriously reduced their strength in the air and their capacity to wage war on the ground. Our Home Fronts have given us an overwhelming superiority in weapons and munitions of war, and placed at our disposal great reserves of trained fighting men. The tide has turned! The free men of the world are marching together to Victory!

I have full confidence in your courage, devotion to duty and skill in battle. We will accept nothing less than full Victory!

Good Luck! And let us all beseech the blessing of Almighty God upon this great and noble undertaking.

-Dwight D. Eisenhower



## **HUDSON VALLEY RENEGADES GAMES**

Join Guardian Revival, Vet2Vet, fellow guardians, and family & friends for a series of baseball games at Dutchess Stadium for the Hudson Valley Renegades. Food and (non-alcoholic) drinks will be provided, available starting at 6 pm.

### Tues June 13, Thur July 20, Thur Aug 10

Gates open @ 6 pm ET | Game starts @ 7 pm ET

### These are free events, but RSVP is required.

Open to veterans & first responders and families (kids welcome!).

Up to 4 tickets per guardian. Limited tickets available first come, first serve.









Guardian Revival is a New York State 501(c)(3) not-for-profit organization chartered to revive and preserve the mental health & well-being of veterans & first responders — our guardians — at no cost to them.

guardianrevival.org

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# "Row of Honor"

## **Order Form**

Date:		
Contact Name:		
Organization(if applicable):		
Address:	<del></del>	
Phone:		
Email:		
Sponsor:		
Dedication:		
Check#:	Amount:	

Please make your check for \$100 payable to **PCJVC** and on the memo line write **Row of** 

#### Honor

Mail your check to:

Putnam County Veterans Service Agency Row of Honor 110 Old Route 6, Bldg#3 Carmel Ny 10512









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# **G-CONNECT JUNE CALENDAR**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
					<b>G</b> Veterans	E NAMI Homefront
4	5	6	7	8	9	10
			E Everyday Nutrition		<b>G</b> Veterans	E NAMI Homefront
11	First Posponders	13	14	15	16	17
	Responders  iRest Meditation	Renegades Game	E Art Workshop		(i) Veterans	
18	19	20	21	22	23	24
		Writing Workshop	Business Panel		(f) Veterans	
25	26	27	28	29	30	
	G First Responders	(i) Women Guardian			No Name on the Marquee (Play)  Veterans	

### **G**-CONNECT EXPERIENCES

Opportunities for recreation, learning, discussion, and connection.

**EVERYDAY NUTRITION** 

Wed 6/7 via Zoom

**IREST MEDITATION** 

Mon 6/12 via Zoom

**RENEGADES GAME** 

Tue 6/13

@ Dutchess Stadium

**ART WORKSHOP** 

Wed 6/14 @ Carmel

WRITING WORKSHOP

Tues 6/20 via Zoom

& in-person

@ Mahopac Library

**BUSINESS PANEL** 

Wed 6/21 @ Carmel

NO NAME ON THE

MARQUEE (PLAY)

Fri 6/30 @ Beacon HQ

### **©** G-CONNECT GATHERINGS

Peer support - by guardians, for guardians, with guardians.

**VETERANS (VET2VET)** 

Fridays via Zoom

FIRST RESPONDERS (FIRST LINE)

Mon 6/12 via Zoom

Mon 6/26 @ Carmel

**WOMEN GUARDIANS** 

Tue 6/27 via Zoom



**RSVP** 

qrco.de/gc-site

