




Office for Senior Resources  
**Putnam Valley Friendship Center**  
*January 2023— Menu*

For more information about our Programs & Services, please call (845) 808-1700 x47100  
 Visit our website at [putnamcountyny.com/osr](http://putnamcountyny.com/osr)

Putnam Valley...808-1730 Mahopac...808-1738 Carmel...808-1701 Philipstown...808-1705

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
2 CLOSED FOR HOLIDAY <i>Happy 2023</i> <i>New Year</i>	3 SOUP OVEN FRIED CHICKEN MACARONI & CHEESE GREEN BEANS GRAPES	4 SOUP MARKET FRESH FISH FRUITED RICE PILAF BROCCOLI PEAR	5 SOUP JACKIE'S MEATSAUCE AND SPAGHETTI TOSSED SALAD BIRTHDAY TREAT	6 SOUP VEGGIE FRITTATA HASH BROWN PATTY STEWED TOMATOES CROISSANT CLEMENTINE
9 SOUP QUICK CHICKEN CORDON BLEU FRESH YAM PEAS AND ONIONS APPLE	10 SOUP LENTIL STUFFED PEPPERS CORN COLESLAW PINEAPPLE	11 BEEF STEW W/ BISCUIT MASHED POTATO CARROTS BANANA	12 SOUP BAKED SALMON W/ DILL AU GRATIN POTATOES BROCCOLI MELON	13 SOUP ROAST TURKEY W/ GRAVY CRANBERRY SAUCE STUFFING SPINACH FIG NEWTON
16 CLOSED FOR HOLIDAY MARTIN LUTHER KING JR. Day 	17 SOUP POTATO CRUSTED POLLOCK TARTAR SAUCE FRUITED RICE PILAF BEETS PINEAPPLE	18 SOUP CHICKEN W/ TOMATO CREAM PENNE TOSSED SALAD PEAR	19 SOUP HAMBURGER ON BUN W/ LETTUCE AND TOMATO OVEN FRIES CARROTS CHOCOLATE PUDDING	20 SOUP ROAST PORK W/ GRAVY NOODLES BROCCOLI APPLE CHIPS
23 SOUP ITALIAN SAUSAGE W/ PEPPER & ONIONS ZUCCHINI & TOMATOES GRAPES	24 SOUP RED CLAM SAUCE SPAGHETTI TOSSED SALAD LEMON MERINGUE PIE	25 SOUP CHICKEN POT PIE FRENCH CUT GREEN BEANS CLEMENTINE	26 SOUP TURKEY MEATLOAF W/ MUSHROOM GRAVY CORN ON COB HERBED BROCCOLI AND CAULIFLOWER POLONAISE APPLE	27 ROAST BEEF W/ GRAVY MASHED POTATOES CARROTS BANANA
30 SOUP BBQ CHICKEN BAKED BEANS HARVARD BEETS MELON	31 SOUP BUTTER CRUMB COD BAKED POTATO OR PIZZA SUGAR SNAP PEAS BIRTHDAY TREAT			

SUGGESTED CONTRIBUTION FOR MEALS \$2.50.....\$3.00 HOME DELIVERED MEALS! MENUS ARE SUBJECT TO CHANGE NO HOME DELIVERED MEALS WHEN SITES ARE CLOSED.

\*LISTEN TO RADIO STATION WHUD (100.7 FM) FOR SITE CLOSINGS DELAYED OPENINGS AND PUBLIC ANNOUNCEMENTS! ACTIVITIES ARE SUBJECT TO CHANGE.