



Office for Senior Resources  
**William Koehler Senior Center**  
 March 2023 — Menu

Mahopac...808-1738 Carmel...808-1701 Philipstown...808-1705 Putnam Valley...808-1730

For more information about our Programs & Services, please call (845) 808-1700 x47100  
 Visit our website at [putnamcountyny.com/osr](http://putnamcountyny.com/osr)

Monday	Tuesday	Wednesday	Thursday	Friday
		1 SOUP BUTTER CRUMB COD OR CHEESE PIZZA OVEN FRIES BROCCOLI POLONAISE FRESH ORANGE	2 SOUP CHICKEN SHAWARMA GARLIC PARMESAN ORZO SPINACH PINEAPPLE	3 SOUP VEGGIE FRITTATA HASH BROWN PATTY STEWED TOMATOES CROISSANT MELON
6 BAKED HAM W/ RAISIN SAUCE SWEET POTATO BRUSSEL SPROUTS CLEMENTINE	7 SOUP FRENCH DIP SANDWICH BROCCOLI SALAD APPLE	8 SOUP MARKET FRESH FISH W/ DILL SAUCE OR CHEESE PIZZA OVEN ROASTED POTATOES GREEN BEANS ALMONDINE BIRTHDAY TREAT	9 ROAST TURKEY W/ GRAVY MASHED POTATOES PEAS AND MUSHROOMS GRAPES	10 MANICOTTI W/ TOMATO SAUCE TOSSED SALAD GARLIC BREADSTICK PEAR
13 Luncheon @ Putnam County Golf Course Site closed Homebound meals will be delivered	14 SOUP SWEET AND SOUR PORK BROWN RICE PILAF ASIAN SPINACH MELON	15 SOUP SPAGHETTI W/ TURKEY MEATBALLS TOSSED SALAD PINEAPPLE	16 SOUP SHEPERD'S PIE CUCUMBER & TOMATO SALAD FRESH ORANGE	17 SOUP POTATO CRUSTED POLLOCK OR CHEESE PIZZA SWEET POTATO TOTS MIXED VEGETABLES VANILLA PUDDING W/ CINNAMON
20 SOUP MEATLOAF W/ MUSHROOM GRAVY CREAMY POLENTA HARVARD BEETS APPLE	21 SOUP HONEY LEMON CHICKEN SCALLOPED POTATOES FRENCH CUT GREEN BEANS BLUEBERRY PIE	22 SOUP SALMON W/ LEMON GLAZE OR CHEESE PIZZA BAKED POTATO W/ SOUR CREAM GARDEN SALAD BANANA	23 SOUP ROAST PORK W/ GRAVY MASHED SWEET POTATOES AND APPLES MIXED VEGETABLES CLEMENTINE	24 SOUP ASPARAGUS FRITTATA OVEN BROWNEED POTATOES SUNSHINE CARROT SALAD MELON
27 SOUP ROAST BEEF W/ GRAVY NOODLES CARROTS COCONUT CUSTARD PIE	28 PASTA W/ ITALIAN SAUSAGE TOSSED SALAD GARLIC KNOT GRAPES	29 TURKEY W/ GRAVY MASHED POTATOES CAPRI MIXED VEGETABLES PEAR	30 SOUP CHICKEN LOUIE OVEN ROASTED POTATOES ITALIAN STYLE SPINACH PINEAPPLE	31 SOUP OPEN FACED TUNA MELT MACARONI AND BEAN SALAD FRUITED JELLO

SUGGESTED CONTRIBUTION FOR MEALS \$2.50.....\$3.00 HOME DELIVERED MEALS! MENUS ARE SUBJECT TO CHANGE NO HOME DELIVERED MEALS WHEN SITES ARE CLOSED.  
 \*LISTEN TO RADIO STATION WHUD (100.7 FM) FOR SITE CLOSINGS DELAYED OPENINGS AND PUBLIC ANNOUNCEMENTS! ACTIVITIES ARE SUBJECT TO CHANGE.