




Office for Senior Resources Carmel Friendship Center

May 2023 - Menu

For more information
about our Programs &
Services, please call
(845) 808-1700 x47100
putnamcountyny.com/osr

Carmel...808-1701 Mahopac...808-1738 Philipstown...808-1705 Putnam Valley...808-1730

Mon	Tue	Wed	Thur	Fri
1 SOUP BROCCOLI QUICHE THREE BEAN SALAD GRAPES	2 SOUP TURKEY MEATBALLS PENNE W/ TOMATO SAUCE GARDEN SALAD APPLE	3 SOUP LEMON DILL SALMON OR CHEESE PIZZA BAKED POTATO W/ SOUR CREAM ASPARAGUS PINEAPPLE	4 SOUP CHICKEN W/ HONEY/LEMON SAUCE SWEET POTATOES & APPLES BRUSSEL SPROUTS BANANA	5 SOUP CINCO DE MAYO TACO BOWL TOSSED SALAD CHURRO
8 SOUP ROAST PORK W/GRAVY BROWN RICE PILAF GREEN BEAN SAUTE PEAR	9 SOUP MANICOTTI TOSSED SALAD GARLIC BREAD STICK GRAPES	10 SOUP BUTTER CRUMB COD OR CHEESE PIZZA SWEET POTATO TOTS BRAISED RED CABBAGE MIXED FRUIT	11 SOUP SWEDISH MEATBALLS NOODLES PEAS AND CARROTS MELON	12 SOUP TURKEY APPLE NORMANDY FRESH SWEET POTATO PARSLIED CAULIFLOWER MOTHER'S DAY DESSERT
15 SOUP CHICKEN LOUIE OVEN ROASTED POTATOES MIXED VEGETABLES APPLE	16 SOUP RADICALLY ROASTED BEEF SANDWICH ORZO PRIMAVERA SALAD CUCUMBERS AND ONIONS PEAR	17 TURKEY MEATLOAF W/ MUSHROOM GRAVY MASHED POTATOES ASIAN SPINACH BIRTHDAY TREAT	18 SOUP TUNA SALAD SANDWICH W/ LETTUCE AND TOMATO SUNSHINE CARROT SALAD BANANA	19 SOUP MARGHERITA PIZZA BLACK BEAN SALAD FRUITED JELLO
22 SOUP SPINACH & MUSHROOM FRITTATA HASH BROWN POTATO STEWED TOMATOES APPLE CINNAMON MUFFIN	23 SOUP HUNGARIAN ROAST PORK WHOLE WHEAT NOODLES GREEN BEANS ALMONDINE GRAPES	24 SOUP MARKET FRESH FISH W/ DILL SAUCE OR CHEESE PIZZA FRESH SWEET POTATO BROCCOLI/CAULIFLOWER POLONAISE WATERMELON	25 SOUP OVEN FRIED CHICKEN POTATO SALAD BEET/ORANGE SALAD BLUEBERRY PIE	26 HAMBURGER ON A BUN W/ LETTUCE AND TOMATO OVEN FRIES MARINATED VEG SALAD MIXED BERRIES
29 ALL SITES CLOSED FOR HOLIDAY No delivery of home delivered meals 	30 HOT DOG ON A BUN BAKED BEANS COUNTRY STYLE VEGETABLE BLEND ICE CREAM	31 ROAST TURKEY W/ GRAVY MASHED POTATOES MIXED VEGETABLES PEAR		

SUGGESTED CONTRIBUTION FOR MEALS \$2.50.....\$3.00 HOME DELIVERED MEALS! MENUS ARE SUBJECT TO CHANGE!
NO HOME DELIVERED MEALS WHEN SITES ARE CLOSED!

*LISTEN TO RADIO STATION WHUD (100.7 FM) FOR SITE CLOSINGS DELAYED OPENINGS AND PUBLIC ANNOUNCEMENTS! ACTIVITIES ARE SUBJECT TO CHANGE.