




Office for Senior Resources
Carmel Friendship
January 2024 — Menu

Carmel...808-1701 Mahopac...808-1738 Cold Spring...808-1705 Putnam Valley...808-1730

For more information
about our Programs &
Services, please call
(845) 808-1700 x47100
Visit our website at
putnamcountyny.com/osr

Mon	Tue	Wed	Thur	Fri
1 CLOSED FOR HOLIDAY <i>Happy New Year</i>	2 SOUP OVEN FRIED CHICKEN MACARONI & CHEESE GREEN BEANS GRAPES	3 SOUP TURKEY MEATLOAF W/ MUSHROOM GRAVY CORN NIBLETS HERBED BROCCOLI AND CAULIFLOWER POLONAISE APPLE	4 BEEF STEW W/ CORNBREAD MASHED POTATO CARROTS BANANA	5 SOUP POTATO CRUSTED POLLOCK OR CHEESE PIZZA TARTAR SAUCE FRUITED RICE PILAF BEETS PINEAPPLE
8 SOUP QUICK CHICKEN CORDON BLEU FRESH YAM PEAS AND ONIONS APPLE	9 SOUP ROAST PORK W/ GRAVY NOODLES BROCCOLI BIRTHDAY TREAT	10 SOUP BAKED SALMON W/ DILL SAUCE OR CHEESE PIZZA AU GRATIN POTATOES MIXED VEGETABLES MELON	11 SOUP BROCCOLI CHEDDAR QUICHE SWEET POTATO TOTS COLESLAW CLEMENTINE	12 SOUP HAMBURGER ON BUN W/ LETTUCE & TOMATO OVEN ROASTED POTATOES GLAZED CARROTS GRAPES
15 CLOSED FOR HOLIDAY  <i>Martin Luther King Day</i>	16 HOT DOG BAKED BEANS MIXED VEGETABLES MELON	17 SOUP CHICKEN W/ TOMATO CREAM PENNE TOSSED SALAD PEAR	18 SOUP BUTTER CRUMB COD OR CHEESE PIZZA BAKED POTATO/SOUR CREAM SUGAR SNAP PEAS PINEAPPLE	19 ROAST TURKEY W/ GRAVY CRANBERRY SAUCE MASHED POTATOES SPINACH FIG NEWTON
22 SOUP BBQ CHICKEN OVEN ROASTED POTATOES HARVARD BEETS MELON	23 SOUP MANICOTTI W/ TOMATO SAUCE TOSSED SALAD GARLIC KNOT GRAPES	24 SOUP MARKET FRESH FISH W/ BUTTER SAUCE OR CHEESE PIZZA BAKED POTATO BROCCOLI LEMON MERINGUE PIE	25 SOUP PULLED PORK SANDWICH CORN COLESLAW PINEAPPLE	26 ROAST BEEF W/ GRAVY MASHED POTATOES CARROTS BANANA
29 SOUP CHICKEN POT PIE BUTTERNUT SQUASH CLEMENTINE	30 SOUP RED CLAM SAUCE SPAGHETTI TOSSED SALAD CHOCOLATE PUDDING	31 SOUP ROAST PORK W/ GRAVY APPLESAUCE FRESH SWEET POTATO GREEN BEANS ALMONDINE PEAR		
SUGGESTED CONTRIBUTION FOR MEALS \$2.50.....\$3.00 HOME DELIVERED MEALS! MENUS ARE SUBJECT TO CHANGE! NO HOME DELIVERED MEALS WHEN SITES ARE CLOSED!				