



September

Office for Senior Resources  
**Carmel Friendship Center**  
 September 2023— Menu

For more information  
 about our Programs &  
 Services, please call  
 (845) 808-1700 x47100  
 Putnamcountyny.com/osr

Carmel...808-1701 Mahopac...808-1738 Philipstown...808-1705 Putnam Valley...808-1730

Mon	Tue	Wed	Thur	Fri
				1 HOT DOG ON BUN BAKED BEANS FARM FRESH VEGETABLES WATERMELON
4 CLOSED FOR HOLIDAY 	5 SOUP HAMBURGER ON BUN SWEET POTATO NUGGETS FARM FRESH VEGETABLES BIRTHDAY TREAT	6 SOUP SALMON W/ LEMON SAUCE ORZO PRIMAVERA OR CHEESE PIZZA FARM FRESH VEGETABLES APPLE	7 SOUP MANICOTTI W/ TOMATO SAUCE FARM FRESH VEGETABLES GRAPES	8 SOUP BALSAMIC CHICKEN BREAST SANDWICH W/ ROASTED PEPPERS & MOZZARELLA BROCCOLI SALAD BANANA
11 SOUP ROAST PORK W/ GRAVY FRESH YAM FARM FRESH VEGETABLES MIXED BERRIES	12 SOUP EGG SALAD ON LETTUCE SLICED TOMATOES POTATO SALAD PINEAPPLE	13 TURKEY SHEPHERD'S PIE FARM FRESH VEGETABLES PEAR	14 SOUP OVEN FRIED CHICKEN SWEET POTATOES AND APPLES FARM FRESH VEGETABLES BROWNIE	15 SOUP POTATO CRUSTED POLLOCK CORN O'BRIEN OR CHEESE PIZZA FARM FRESH VEGETABLES MELON
18 SOUP QUICK CHICKEN CORDON BLEU ROSEMARY POTATOES FARM FRESH VEGETABLES ORANGE	19 SOUP ROAST BEEF & PROVOLONE SANDWICH COLESLAW APPLE	20 SOUP FRESH MARKET FISH W/ DILL SAUCE FRESH YAM OR CHEESE PIZZA FARM FRESH VEGETABLES	21 SOUP LUIGI'S LASAGNA TOSSED SALAD GARLIC KNOT GRAPES	22 SOUP ROAST TURKEY W/ GRAVY CRANBERRY SAUCE STUFFING FARM FRESH VEGETABLES PEAR
25 SOUP SLOPPY JOE SANDWICH SWEET POTATO TOTS FARM FRESH VEGETABLES PUDDING	26 SOUP SWEET AND SOUR PORK COCONUT RICE FARM FRESH VEGETABLES PINEAPPLE	27 BAKED CHICKEN W/ HONEY LEMON SAUCE MASHED POTATOES SPINACH MELON	28 SOUP SPINACH QUICHE TOMATO SALAD BANANA	29 SOUP TUNA SALAD SANDWICH THREE BEAN SALAD APPLE

SUGGESTED CONTRIBUTION FOR MEALS \$2.50.....\$3.00 HOME DELIVERED MEALS! MENUS ARE SUBJECT TO CHANGE!  
 NO HOME DELIVERED MEALS WHEN SITES ARE CLOSED!

\*LISTEN TO RADIO STATION WHUD (100.7 FM) FOR SITE CLOSINGS DELAYED OPENINGS AND PUBLIC ANNOUNCEMENTS! ACTIVITIES ARE SUBJECT TO CHANGE.