



Office for Senior Resources  
**Carmel Friendship Center**  
 February 2024— Menu

For more information  
 about our Programs &  
 Services, please call  
 (845) 808-1700 x47100  
[Putnamcountyny.com/osr](http://Putnamcountyny.com/osr)

Carmel...808-1701 Mahopac...808-1738 Philipstown...808-1705 Putnam Valley...808-1730

Mon	Tue	Wed	Thur	Fri
			1 SOUP ROAST TURKEY W/ GRAVY CRANBERRY SAUCE STUFFING BROCCOLI GRAPES	2 SOUP BEEF BOLOGNESE WG PENNE TOSSED SALAD GARLIC KNOT BANANA
5 HOT DOG BAKED BEANS COLESLAW WATERMELON	6 TURKEY MEATLOAF W/ MUSHROOM GRAVY MASHED POTATOES SPINACH CHERRY PIE	7 SOUP TERIYAKI SALMON OR CHEESE PIZZA ASIAN RICE GINGERED CARROTS PINEAPPLE	8 SOUP BALSAMIC CHICKEN SANDWICH OVEN BROWNED POTATOES BROCCOLI SALAD APPLE	9 SOUP SWEET AND SOUR PORK FRIED RICE MIXED VEGETABLES FORTUNE COOKIE
12 CHICKEN GUMBO RICE PEAR	13 SOUP OPEN-FACED TUNA MELT SWEET POTATO CHIPS GREEN BEANS BANANA	14 SOUP MANICOTTI W/ TOMATO SAUCE GARDEN SALAD GARLIC BREADSTICK VALENTINE'S DAY DESSERT	15 SOUP TURKEY CRANBERRY BURGER POTATOES O'BRIEN CAPRI MIXED VEGETABLES GRAPES	16 SPINACH FRITATTA HASHBROWN PATTY STEWED TOMATOES CROISSANT CLEMENTINE
19 ALL SITES CLOSED (no delivery of home delivered meals) 	20 SOUP QUICK CHICKEN CORDON BLEU ROASTED POTATOES SPINACH PEAR	21 SOUP FRESH MARKET FISH OR CHEESE PIZZA ORZO PRIMAVERA SUGAR SNAP PEAS BIRTHDAY TREAT	22 SOUP PULLED PORK SWEET POTATO TOTS MIXED VEGETABLES BANANA	23 SOUP BROCCOLI QUICHE TOSSED SALAD PINEAPPLE
26 SOUP ROAST PORK LOIN W/ ONION GRAVY SWEET POTATOES & APPLES PEAS MELON	27 SOUP CHILI CON CARNE BAKED POTATO W/ SOUR CREAM CAULIFLOWER PUDDING	28 SOUP BUTTER CRUMB COD OR CHEESE PIZZA OVEN FRIES BROCCOLI POLONAISE FRESH ORANGE	29 SOUP CHICKEN SHAWARMA GARLICE PARMESAN ORZO SPINACH PINEAPPLE	

SUGGESTED CONTRIBUTION FOR MEALS \$2.50.....\$3.00 HOME DELIVERED MEALS! MENUS ARE SUBJECT TO CHANGE!  
 NO HOME DELIVERED MEALS WHEN SITES ARE CLOSED!