

Child Find



Infant Child Health Assessment

Child Find is a statewide program which offers regular screening tests to children at risk for delay in growth and development. Referral to programs and diagnostic services in the community can be made for children ages birth to 3 years who may have special needs.

Eligibility

- Prematurity.
- Low birth weight.
- Over a 10-day stay in neonatal intensive care unit.
- Medical problem noted at any time of birth.
- Anytime extra support would benefit the family.

If you are not sure if your child is eligible, call to speak to a public health nurse.

A Public Health Nurse will:

- Contact you after your baby's birth.
- Explain the program to you.
- Offer teaching and support in your infant's care.
- Provide the reassurance of periodic assessment and screening tests. In this way you can have feedback on your baby's growth and development.
- Give information about referrals, if they are needed, to services available in your community.

Public Health Nurse visits are made

FREE OF CHARGE

A physician referral is not required.

Parents with concerns are encouraged to call.



Putnam County Department of Health

A PHAB-ACCREDITED HEALTH DEPARTMENT

Division of Nursing Services
1 Geneva Road, Brewster, NY
Tel. 845-808-1390
Fax 845-279-4104

A glance at some milestones...

At 3 months, most babies

- Turn their head toward bright colors and light
- Make cooing sounds
- Wiggle and kick their arms & legs
- Lift their head while lying on their stomach



At 6 months, most babies

- Follow moving objects with their eyes
- Turn towards sound
- Reach for objects and pick them up
- Play with their toes



At 12 months, most babies

- Get to a sitting position
- Pull to a standing position
- Crawl
- Make “ma-ma” or “da-da” sounds

At 18 months, most children

- Say at least six words
- Feed themselves
- Walk without help
- Point, make sounds or try to use words to ask for things



At 2 years, most children

- Use two- or three-word sentences
- Kick a ball forward
- Show affection
- Identify their hair, eyes, ears and nose by pointing

At 3 years, most children

- Ride a tricycle
- Name at least one color correctly
- Play with other children for a few minutes
- Put on their shoes



At 4 years, most children

- Hop and stand on one foot
- Draw a person with 2 to 4 body parts
- Would rather play with other children than alone
- Tells stories

If you have any concerns that your child may have a delay, contact Early Intervention for children under 3, or any public school for children 3 and older.

Visit www.cdc.gov/actearly for additional information.